



Oregon School Activities Association

25200 SW Parkway Avenue, Suite 1
Wilsonville, OR 97070
503.682.6722 <http://www.osaa.org>



February 26, 2026

To: Athletic Directors and Head Spirit Coaches
From: Lauren Brownrigg, Assistant Executive Director
Subject: Cheer and Dance: Spring Tryouts and Summer Reminders

Here are a few reminders as you prepare for your summer and spring tryouts ahead.

OSAA Calendar: Use this link to see the draft of the 2026-27 OSAA Activities Calendar

Moratorium Week: Moratorium week for 2026 is July 26 – August 1

Last Day of Association Year: May 25

Tryout Reminders: Tryouts may occur in the spring, prior the end of the Association year. Please remember that if you have 8th graders **and/or transfers from other schools** planning to trying out, their tryout may not include high school student participants. 8th graders **and/or transfers from other schools** may not participate in tryouts or practice (receive direct athletic instruction) with your high school students until after the Association year ends. The last day of the Association year is May 25, so beginning May 26 tryouts and practices may be held with all participants present. If you are interested in allowing 8th graders to tryout before the end of the Association Year, you will need to have a separate tryout/session for them. **Students who do not attend your high school are not allowed to receive direct instructions from a coach (including a tryout), until the association year has completed.**

8.2. Duration of Eligibility/Graduation.

9. Q. May 8th grade students participate in spring tryouts for the high school cheerleading squad or dance team?
A. Yes, but 8th grade students may not participate in high school competitions.
10. Q. May an 8th grader practice with the high school team during the Association Year?
A. No.

To further clarify, an 8th grader may not receive direct instruction while high school participants are present; it is assumed that tryouts would include direct instruction. Therefore, 8th graders can tryout and receive direct instruction, but not while high school participants are present. **Students who do not attend your high school are not allowed to receive direct instructions from a coach (including a tryout), until the association year has completed. Please note that not following these rules could result in a violation which could also effect the student's eligibility.**

Summer Planning: Please note the language in the OSAA Handbook 7.3. No member school or official representative of a member school shall condition participation in high school athletics or activities on participation in non-school athletic or activity events or workouts, including, but not limited to camps, leagues, and any form of organized out-of-season or summer competition. Further, no member school may give consideration to such participation when determining membership on, or participation in, high school *athletics or activities*.

Let me know if you have any questions!

Lauren Brownrigg



LAUREN BROWNRIGG
ASSISTANT EXECUTIVE DIRECTOR

O 503.783.2338

C 503.477.0444

LAURENB@osaa.org



25200 SW PARKWAY AVE. STE. 1, WILSONVILLE, OR 97070